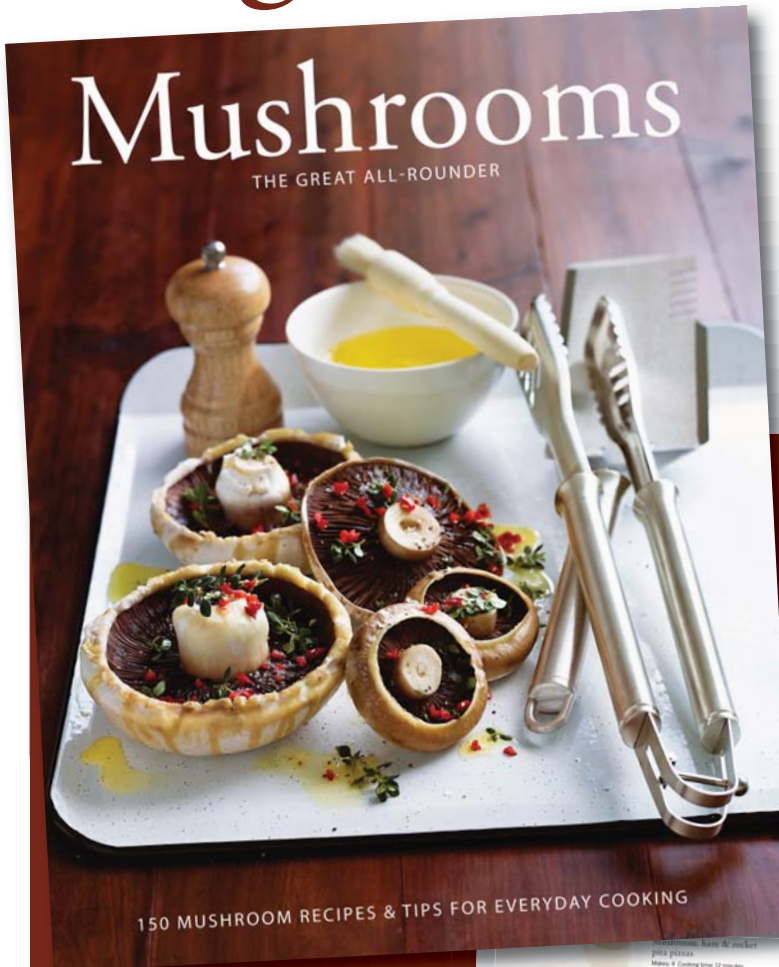


# Brand new book to delight mushroom lovers

Available NOW!



Prized for their unique earthy flavour, versatility and nutritional benefits, mushrooms have increasingly become a staple for Australian cooks.

In fact, over the past 30 years Australia's passion for mushrooms has truly blossomed, with mushroom consumption increasing five-fold. 86% of Australian households buy mushrooms with 55% of them buying mushrooms every week so it's no wonder home cooks are hungry for new and inspiring recipes.

In response, Australian Mushroom Growers have teamed up with one of Australia's favourite cooks – Janelle Bloom of Network Ten's *Ready Steady Cook* – to produce a brand-new collection of over 110 beautifully photographed recipes and tips, spread over 96 glossy pages.

The book, aptly titled **Mushrooms: The Great All-Rounder** features scrumptious recipes for all seasons and occasions. Just flicking through this book is sure to make your mouth water.

## Recipe chapters include:

- Light Meals
- Out of the Wok
- Vegetarian
- 30-minute Meals
- Salads
- Barbecue

There are also **essential tips** on **buying, storing** and **preparing** a host of mushroom varieties, from the popular white buttons and cups to the more exotic enoki, shimeji and shiitake – plus, all the **latest nutritional information** that explains why mushrooms are in a class of their own when it comes to healthy benefits.



To order copies of **Mushrooms: The Great All-Rounder** simply go to [www.cookingwithmushrooms.com](http://www.cookingwithmushrooms.com) and download the order form. Price is \$28.00 including postage and handling.

For more information, sample recipes and images, or for copies of **Mushrooms: The Great All-Rounder** for give aways and prizes, please contact:

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